

How to add value to your bathroom with an affordable steam shower

Many people planning a bathroom remodel think a home steam shower with aromatic oils, mood lighting and music speakers must be out of their remodeling budget range. Surprisingly, this might not be a correct assumption.

If your bathroom remodel includes plans to open the walls and you're already paying for labor costs, you can include a quality steam shower system for as little as \$1,700. Starting at about the size of a briefcase, generators from Mr. Steam fit neatly inside a closet, under a bench or inside a vanity. They can be positioned up to 60 feet from the steam shower enclosure itself, even on another floor.

The quality of the steam room generator is critical to long-term, hassle-free enjoyment. As with any major investment for your home, durability counts, so look for industrial-grade components that will deliver reliable performance through years of use despite demanding water conditions. Follow these five tips for buying the best steam room generator.

1. Look for "Intelligent" steam generators that operate from a single platform that can be quickly and easily upgraded with plug-and-play technologies - instead of bulky, expensive add-ons - for enhancements such as music, aroma and color therapies. Controls should be simple and intuitive for both user and installer, easy to program and easy to read.
2. Insist on a system with industrial-grade heating elements and other heavy-duty components. Such a system will deliver the most reliable performance over the life of the product, especially if you live in a hard-water area.
3. Spend more time steaming than cleaning. Look for systems that drain the steam-shower generator after each use to avoid

calcium buildup. This type of system automatically delivers clean steam every time.

4. Check for certification by a respected, independent agency, such as Underwriters Laboratories (UL), CE (Europe's Conformance Européenne) and NOM (Norma Oficial Mexicana).
5. Ask about system diagnostics, and be sure the heating elements of the steam generator can be serviced separately, rather than replacing the entire steam generator.



Best of all, a home steam shower delivers tangible wellness benefits, recognizable to everyone who has ever used a vaporizer to facilitate breathing or draped a towel over a steaming pot of water for deep facial cleansing. "I have long recommended steam therapy for its health benefits and use it frequently myself," says Dr. Andrew Weil, author of "8 Weeks to Optimum Health." "It relaxes mind and body and neutralizes stress."

Steam room benefits are perfect for active, healthy adults looking to stay that way. They are now within reach of just about anyone planning a bathroom remodel. For more information, visit mrsteam.com.

Thank you for your support

By Peter Cousin - Editor

Dear Readers,

This is an open letter to thank you for your support of *Village News Magazine* for the last 8 years. Whenever we have asked for your help for a worthy cause, like collecting food and toys for the S.P.C.A. or toys to support the children at CHKD, you've opened your hearts and your wallets.

Once again, thanks to the efforts of Pam and Joe Monahan and, of course, their dogs! They have organized a drive to collect toys for children in the hospital -- something to brighten up their day and make their hospital stay less painful. You will find a collection box located at the Village Hall entrance, and we invite you to consider dropping off donations for this worthy activity. The

donation box will only be there for a short time; so please, help make a child feel your warmth! So little will go so far.



Again, our sincere thanks from all of our *Village News* staff and now, to the Monahans for their support of our community.

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